

### Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1 Chicken Nuggets Fruit Bar, WS & PS FRENCH FRIES Milk CATSUP	Oct - 2 NACHOS W/GROU Fruit Bar, WS & PS Carrots frz Milk SALSA	Oct - 3 RIB Q SANDWICH Fruit Bar, WS & PS Broccoli Milk COOKIE	Oct - 4 NO LUNCH	Oct - 5 NO LUNCH
Oct - 8 Pizza Fruit Bar, WS & PS Mixed Veggies Milk Animals Crackers	Oct - 9 TACO,BEEF,ws CORN CHIP, TACO Fruit Bar, WS & PS Black Beans Milk CATSUP SALSA	Oct - 10 Grilled Cheese TOMATO SOUP Fruit Bar, WS & PS Broccoli Milk	Oct - 11 Chicken Fried Steak Fruit Bar, WS & PS MASHED POTATOE Gravy, white bread Milk	Oct - 12 MINI CORN DOG Fruit Bar, WS & PS Waffle Fry Milk CATSUP MUSTARD
Oct - 15 POPCORN CHICKE Fruit Bar, WS & PS Green Beans Milk CATSUP Brownies	Oct - 16 BURRITO Fruit Bar, WS & PS Mexican Beans CORN CHIP, TACO Milk CATSUP SALSA	Oct - 17 Crispy Chicken Sand Fruit Bar, WS & PS Fresh Green Salad Milk CATSUP PICKLES, SLICED	Oct - 18 Cheesy Cheese Bur MASHED POTATOE Gravy Fruit Bar, WS & PS bread Milk	Oct - 19 Drumstick Fruit Bar, WS & PS Juicy Juice FRENCH FRIES bread Milk CATSUP
Oct - 22 Ham & Cheese Pretz Fruit Bar, WS & PS Broccoli CHEESE SAUCE Milk RICE KRISPY TREA	Oct - 23 CRISPITO Fruit Bar, WS & PS BEANS PINTO Milk CATSUP SALSA	Oct - 24 Hamburger Fruit Bar, WS & PS Waffle Fry Milk PICKLES, SLICED CATSUP MUSTARD	Oct - 25 Chicken Fillet MASHED POTATOE Gravy Fruit Bar, WS & PS bread Milk	Oct - 26 Mac & Cheese Fruit Bar, WS & PS BEETS Milk
Oct - 29 CALZONE, mini Fruit Bar, WS & PS Green Beans Milk Maple Bites	Oct - 30 Chicken Taquitos Fruit Bar, WS & PS FRENCH FRIES Milk CATSUP SALSA	Oct - 31 SPAGHETTI NOODL Spaghetti Sauce MEATBALLS Fruit Bar, WS & PS SWEET POTATO Garlic Toast Milk		

Menu may change due to availability.

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**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**