

Mc Cain Middle School Guidance and Counseling



Dear Parents:

I am excited to serve as the fulltime counselor at MMS this year! I am here to help students be as successful as possible. Please feel free to contact me if you have any concerns about your child throughout the year. These are just some of the things I can help with:

- Coping strategies
- Peer relationships and effective social skills
- Communication, problem-solving, decision-making and conflict resolution
- Career awareness, exploration and planning
- Substance abuse education and intervention
- Academic skills support
- Organizational, study and test-taking skills
- Goal-setting
- Education in understanding of self, including strengths and weaknesses
- Academic planning
- Transition planning
- Referrals to outside agencies

I look forward to meeting you! You can contact me by e-mail or phone:

surankin@payetteschools.org 208-642-4122

Suzie Rankin

McCain Middle School Counselor